

#### Directions

Add one level scoop (24.3 grams) of **All Natural Whey** to a 3-4 oz glass of water, milk, juice or blend with yogurt and fruit. When mixing, add liquid first, then powder and stir briskly until completely dispersed. **Low Carbohydrate Diet (Weight Management Program):** Recommended 1 scoop daily for those trying to increase their dietary protein intake while decreasing intake of carbohydrates.

#### Special Processing & Blend

**All Natural Whey** provides an optimal source of whey protein by combining an ultrafiltered, low temperature processed whey protein concentrate with cross flow microfiltered whey protein isolate. These specialized processing systems ensure a High Biological Value (HBV) protein source in the form of short and long chain peptides to increase protein retention and biological activity. All Natural Whey is also remarkably high in Branched Chain Amino Acids (BCAAs), which are the most required amino acids needed to replenish muscle stores that are utilized during strenuous exercise.\*\*

#### The Next Generation Protein

The biochemists at **mrm** have taken protein supplementing to the next level without the worry of wasting ingested protein. The addition of **NITROZYME™** helps breakdown long and short chain peptides into smaller, more readily absorbable amino acids for maximum absorption and retention.\*\* **NITROZYME™** helps the body release more amino acids directly into the muscles to increase muscle size strength and lean body mass.\*\*

#### Added L-Glutamine

**All Natural Whey** also contains 1g of L-Glutamine (in addition to naturally occurring L-Glutamic acid) per serving to decrease recovery time following exercise.\*\*

#### Supports Immune Health

Specific characteristics of whey proteins have shown an ability to support immune health.\*\* Whey protein contains high amounts of cysteine and other substrates used in the synthesis of Glutathione.\*\* Glutathione is a major antioxidant and supports immune health.\*\*

\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Formulated by & Manufactured for:  
**mrm**  
2665 Vista Pacific Dr.  
Oceanside, CA 92056 USA  
www.mrm-usa.com • 1-800-948-6296



100% ALL NATURAL

Whey

NO ARTIFICIAL SWEETENERS  
NO ARTIFICIAL FLAVORS  
1000mg L-GLUTAMINE ADDED PER SERVING

Hormone Free, and BSE Free!

Mixes Instantly  
Net Weight  
2.02lbs. (923g)

Rich Vanilla

Creamy & Delicious  
18g Protein/Serving  
38 Servings

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#### Supplement Facts

Serving Size 1 Scoop (approx. 24.3 grams)  
Servings Per Container - 38

|                            | Amount Per Serving | % Daily Value* |
|----------------------------|--------------------|----------------|
| <b>Calories</b>            | 87                 |                |
| Calories from Fat          | 9                  |                |
| <b>Total Fat</b>           | 1g                 | 2%             |
| Saturated Fat              | 0g                 | 0%             |
| Trans Fat                  | 0g                 | †              |
| <b>Cholesterol</b>         | 20mg               | 7%             |
| <b>Sodium</b>              | 40mg               | 2%             |
| <b>Potassium</b>           | 110mg              | 3%             |
| <b>Total Carbohydrates</b> | 1.5g               | <1%            |
| Dietary Fiber              | 0g                 | 0%             |
| Sugars                     | 1g**               | †              |
| <b>Protein</b>             | 18g                | 36%            |

Vitamin A <2% • Vitamin C <1%

Calcium 14% • Iron <1%

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**\*\*NO SUGARS ADDED.** Sugars naturally occur in Whey Proteins and natural flavoring.

**Ingredients:** NAT-PRO OPTIMIZER (Ultrafiltered, Low Temperature Processed Whey Protein Concentrate, Crossflow Microfiltered Whey Protein Isolate, L-Glutamine & **NITROZYME™** - a proteolytic enzyme preparation containing bioactive peptidases derived from a plant source), Natural Vanilla Flavor, Carrageenan, Stevia, Lo Han Guo & Salt.

**Contains NO egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.**

**Contains dairy and soy.**

**Notice:** Use this product as a food supplement only. Do not use for weight reduction.

#### Typical Amino Acid Profile Per 24.3g Scoop

|               |        |
|---------------|--------|
| Alanine       | 800mg  |
| Arginine      | 400mg  |
| Aspartic Acid | 1910mg |
| Cysteine      | 220mg  |
| Glutamic Acid | 3000mg |
| L-Glutamine   | 1000mg |
| Glycine       | 400mg  |
| Histidine     | 250mg  |
| Isoleucine    | 1110mg |
| Leucine       | 1630mg |
| Lysine        | 1540mg |
| Methionine    | 330mg  |
| Phenylalanine | 530mg  |
| Proline       | 1070mg |
| Serine        | 910mg  |
| Threonine     | 1040mg |
| Tryptophan    | 380mg  |
| Tyrosine      | 440mg  |
| Valine        | 1040mg |

The Protein Blend in All Natural Whey contains the following supportive immunofactors:  
48-52% beta-lactoglobulin  
18-22% alpha-lactoglobulin  
20-22% glyco-macro-peptide  
2% immunoglobulins  
0.5-1% lactoferrin

• **NO Aspartame or Acesulfame K**

• **No MSG**

• **Highest Biological Value Protein**

• **ZERO Added Sugars**



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