

#### Directions

Add one level scoop (24.3 grams) of **All Natural Whey** to a 3-4 oz glass of water, milk, juice or blend with yogurt and fruit. When mixing, add liquid first, then powder and stir briskly until completely dispersed. **Low Carbohydrate Diet (Weight Management Program):** Recommended 1 scoop daily for those trying to increase their dietary protein intake while decreasing intake of carbohydrates.

#### Special Processing & Blend

**All Natural Whey** provides an optimal source of whey protein by combining an ultrafiltered, low temperature processed whey protein concentrate with cross flow microfiltered whey protein isolate. These specialized processing systems ensure a High Biological Value (HBV) protein source in the form of short and long chain peptides to increase protein retention and biological activity. **All Natural Whey** is also remarkably high in Branched Chain Amino Acids (BCAAs), which are the most required amino acids needed to replenish muscle stores that are utilized during strenuous exercise.\*\*

#### The Next Generation Protein

The biochemists at **mrm** have taken protein supplementing to the next level without the worry of wasting ingested protein. The addition of **NITROZYME™** helps breakdown long and short chain peptides into smaller, more readily absorbable amino acids for maximum absorption and retention.\*\* **NITROZYME™** helps the body release more amino acids directly into the muscles to increase muscle size, strength and lean body mass.\*\*

#### Added L-Glutamine

**All Natural Whey** also contains 1g of L-Glutamine (in addition to naturally occurring L-Glutamic acid) per serving to decrease recovery time following exercise.\*\*

#### Supports Immune Health

Specific characteristics of whey proteins have shown an ability to support immune health.\*\* Whey protein contains high amounts of cysteine and other substrates used in the synthesis of Glutathione.\*\* Glutathione is a major antioxidant and supports immune health.\*\*

\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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100% ALL NATURAL

Whey

NO ARTIFICIAL SWEETENERS  
NO ARTIFICIAL FLAVORS  
1000mg L-GLUTAMINE ADDED PER SERVING

Hormone Free. and BSE Free!

Mixes Instantly  
Net Weight  
1.01 lbs. (458.12g)

Rich Vanilla

Creamy & Delicious  
18g Protein/Serving  
19 Servings

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#### Supplement Facts

Serving Size 1 Scoop (approx. 24.3 grams)  
Servings Per Container - 19

|                               | Amount Per Serving | % Daily Value* |
|-------------------------------|--------------------|----------------|
| <b>Calories</b>               | 87                 |                |
| Calories from Fat             | 9                  |                |
| <b>Total Fat</b>              | 1g                 | 2%             |
| Saturated Fat                 | 0g                 | 0%             |
| Trans Fat                     | 0g                 | †              |
| <b>Cholesterol</b>            | 20mg               | 7%             |
| <b>Sodium</b>                 | 40mg               | 2%             |
| <b>Potassium</b>              | 110mg              | 3%             |
| <b>Total Carbohydrates</b>    | 1.5g               | <1%            |
| Dietary Fiber                 | 0g                 | 0%             |
| Sugars                        | 1g**               | †              |
| <b>Protein</b>                | 18g                | 36%            |
| Vitamin A <2% • Vitamin C <1% |                    |                |
| Calcium 14% • Iron <1%        |                    |                |

\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**\*\*NO SUGARS ADDED.** Sugars naturally occur in Whey Proteins and natural flavoring.

**Ingredients:** NAT-PRO OPTIMIZER (Ultrafiltered, Low Temperature Processed Whey Protein Concentrate, Crossflow Microfiltered Whey Protein Isolate, L-Glutamine & **NITROZYME™** - a proteolytic enzyme preparation containing bioactive peptidases derived from a plant source), Natural Vanilla Flavor, Carrageenan, Stevia, Lo Han Guo & Salt.

Contains NO egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains dairy and soy products.

Formulated by & Manufactured for:  
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#### Typical Amino Acid Profile Per 24.3g Scoop

|               |        |
|---------------|--------|
| Alanine       | 800mg  |
| Arginine      | 400mg  |
| Aspartic Acid | 1910mg |
| Cysteine      | 220mg  |
| Glutamic Acid | 3000mg |
| L-Glutamine   | 1000mg |
| Glycine       | 400mg  |
| Histidine     | 250mg  |
| Isoleucine    | 1110mg |
| Leucine       | 1630mg |
| Lysine        | 1540mg |
| Methionine    | 330mg  |
| Phenylalanine | 530mg  |
| Proline       | 1070mg |
| Serine        | 910mg  |
| Threonine     | 1040mg |
| Tryptophan    | 380mg  |
| Tyrosine      | 440mg  |
| Valine        | 1040mg |

The Protein Blend in All Natural Whey contains the following supportive immunofactors:

48-52% beta-lactoglobulin  
18-22% alpha-lactoglobulin  
20-22% glyco-macro-peptide  
2% immunoglobulins  
0.5-1% lactoferrin

- NO Aspartame or Acesulfame K
- No MSG
- Highest Biological Value Protein
- ZERO Added Sugars

