

Nature's Plus® The Energy Supplements.

Fresh Start CLEANSE™

MADE WITH ORGANIC HERBS

Gentle Cleansing

Promote Daily Bowel Regularity

2
WEEK
PROGRAM

Gluten Free • Vegetarian
DIETARY SUPPLEMENT



MORNING PROGRAM
30 Vegetarian Capsules



EVENING PROGRAM
30 Vegetarian Capsules

1 Morning Program

Supplement Facts

Serving Size 2 Capsules, Servings Per Container 15

Amount Per Serving		% DV
Calcium (from <i>Algas calcareas</i> ‡)	150 mg	15%
Magnesium (from <i>Algas calcareas</i> ‡)	13 mg	3%

Herbal Complex made with organic herbs:	1400 mg	†
<i>Algas calcareas</i> (supplying naturally occurring calcium and magnesium)‡		
Prune fruit powder (<i>Prunus domestica</i>)‡		
Pullulan prebiotic polysaccharides (from <i>Aureobasidium pullulans</i>)		
Kelp powder (<i>Ascophyllum nodosum</i>)‡		
Dandelion root powder (<i>Taraxacum officinale</i>)‡		
Oregano leaf powder (<i>Origanum vulgare</i>)‡		
Dandelion leaf powder (<i>Taraxacum officinale</i>)‡		
Burdock root powder (<i>Arctium lappa</i>)‡		
Fenugreek seed powder (<i>Trigonella foenum-graecum</i>)‡		
Garlic bulb powder (<i>Allium sativum</i>)‡		
Red Clover herb powder (<i>Trifolium praetense</i>)‡		
Milk Thistle seed powder (<i>Silybum marianum</i>)‡		
Turmeric root powder (<i>Curcuma longa</i>)‡		
Artichoke leaf powder (<i>Cynara scolymus</i>)‡		
<i>Echinacea angustifolia</i> root powder‡		
Green Tea leaf extract powder (<i>Camellia sinensis</i>)‡		
Hawthorn berry powder (<i>Crataegus monogyna</i>)‡		
Horsetail stem powder (<i>Equisetum arvense</i>)‡		
Oat bran powder (<i>Avena sativa</i>)‡		
Parsley leaf powder (<i>Petroselinum crispum</i>)‡		
Yarrow herb powder (<i>Achillea millefolium</i>)‡		
Yellow Dock root powder (<i>Rumex crispus</i>)‡		
Lemon peel powder (<i>Citrus limon</i>)‡		
Apple powder (<i>Malus domestica</i>)‡		
Acacia Gum powder (<i>Acacia seyal</i>)‡		
Açaí fruit powder (<i>Euterpe oleracea</i>)‡		
Olive leaf powder (<i>Olea europaea</i>)‡		
Nettle leaf powder (<i>Urtica dioica</i>)‡		
Grape seed extract powder (<i>Vitis vinifera</i>)‡		

Organic Alkalizing Cleansing Blend:	180 mg	†
Spirulina powder (<i>Spirulina platensis</i>)‡		
Cinnamon powder (<i>Cinnamomum burmannii</i>)‡		
Chlorella powder (<i>Chlorella vulgaris</i>)‡		
Fennel seed powder (<i>Foeniculum vulgare</i>)‡		
Ginger root/rhizome powder (<i>Zingiber officinale</i>)‡		
Cayenne Pepper powder (<i>Capsicum annuum</i>)‡		
Cumin seed powder (<i>Cuminum cyminum</i>)‡		
Black Pepper powder (<i>Piper nigrum</i>)‡		
Peppermint leaf extract powder (<i>Mentha piperita</i>)‡		
Barley Grass powder (<i>Hordeum vulgare</i>)‡		
Kelp powder (<i>Ascophyllum nodosum</i>)‡		
Coriander seed powder (<i>Coriandrum sativum</i>)‡		

† Daily Value (DV) not established. ‡ Organic

Other Ingredients: Organic maltodextrin, organic carnauba wax.

2 Evening Program

Supplement Facts

Serving Size 2 Capsules, Servings Per Container 15

Amount Per Serving		% DV
Calcium (from <i>Algas calcareas</i> ‡)	180 mg	18%
Magnesium (from <i>Algas calcareas</i> ‡)	15 mg	4%

Elimination Complex made with organic herbs:	1400 mg	†
<i>Algas calcareas</i> ‡ (supplying naturally occurring calcium and magnesium)		
Prune fruit powder (<i>Prunus domestica</i>)‡		
Pullulan prebiotic polysaccharides (from <i>Aureobasidium pullulans</i>)		
<i>Lactobacillus acidophilus</i> (1 billion cells at time of manufacture)		
Rhubarb root powder (<i>Rheum palmatum</i>)‡		
Marshmallow root powder (<i>Althaea officinalis</i>)‡		
Slippery Elm bark powder (<i>Ulmus rubra</i>)‡		
Flax Seed powder (<i>Linum usitatissimum</i>)‡		
Triphala powder (a blend of <i>Phyllanthus emblica</i> , <i>Terminalia bellirica</i> and <i>Terminalia chebula</i>)‡		

Organic Alkalizing Cleansing Blend:	210 mg	†
Spirulina powder (<i>Spirulina platensis</i>)‡		
Kelp powder (<i>Ascophyllum nodosum</i>)‡		
Cinnamon powder (<i>Cinnamomum burmannii</i>)‡		
Black Pepper powder (<i>Piper nigrum</i>)‡		
Chlorella powder (<i>Chlorella vulgaris</i>)‡		
Fennel seed powder (<i>Foeniculum vulgare</i>)‡		
Ginger root/rhizome powder (<i>Zingiber officinale</i>)‡		
Cayenne Pepper powder (<i>Capsicum annuum</i>)‡		
Coriander seed powder (<i>Coriandrum sativum</i>)‡		
Cumin seed powder (<i>Cuminum cyminum</i>)‡		
Peppermint leaf extract powder (<i>Mentha piperita</i>)‡		
Barley Grass powder (<i>Hordeum vulgare</i>)‡		

† Daily Value (DV) not established. ‡ Organic

Other Ingredients: Organic maltodextrin, organic carnauba wax.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. Vegetarian • Gluten Free. Free from artificial colors and preservatives.

READ AND FOLLOW ALL DIRECTIONS ON PACKAGE INSERT.

1 Morning Program: Directions: Take 2 capsules each morning on an empty stomach.

2 Evening Program: Directions: Take 2 capsules each evening.

Manufactured in an NSF GMP Certified Facility.

Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc., makers of NATURE'S PLUS

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Certified Organic by OneCert

PRODUCT NO. 1110



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