GPC (GlyceroPhosphoCholine) and PS (PhosphatidylSerine) are phospholipid nutrients intensively researched for their benefits to diverse human brain functions." These nutrients naturally complement each other: GPC reaches very high concentrations inside cells; PS is a building block for cell membranes that generate the brain's energy and electricity.\* Numerous double-blind trials catalog the benefits of GPC and PS for people of all ages.\*

- Supports attention, learning, memory, other cognitive functions\*
- Assists the brain and body in coping with stress\*
- Facilitates growth factor action for brain circuit renewal\*

Designed by Parris M. Kidd, PhD exclusively for Doctor's Best.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





## **Supplement Facts**

Serving Size 2 capsules Servings per container 30 servings

Amount per serving % Daily Value

GlyceroPhospho holine (cer. 300 mg )
PhosphatidylSerine (PS 100 mg )

Daily Value not establish

ther ingredients: Modified cellulose (vegetarian c bsulet, licalcium phosphate, magnesium stearate (vegetable source), magnesium silicate, silicon dioxide, soy lecithin. Contains soy

**Suggested Adult Use:** Take 1 capsule twice per day between meals, not later than 4 pm. Intakes up to 6 capsules per day may be beneficial, as recommended by a nutritionally informed physician.

## Suitable for Vegetarians CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

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