

STANDARDIZED EXTRACT

Milk Thistle seed (*Silybum marianum*) has a long history of use. Although commonly referred to as a "seed", the plant part used is actually the "fruit". Recent studies have demonstrated the positive role of Milk Thistle extract and more specifically, one of its main active constituents, silymarin, in supporting and protecting the liver. ***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Also available in a **Holistically Balanced®**
Concentrated Liquid Extract

CAUTION: Keep out of reach of children. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your health-care practitioner. Store in cool, dry place.



NATURE'S ANSWER®

Milk Thistle

80% SILYMARIN SEED EXTRACT

*Promotes Healthy Liver Function **



**STANDARDIZED
Herbal Supplement**

120 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Milk Thistle Seed extract (standardized for 80% Silymarin)	175 mg	†
Milk Thistle Powder	20 mg	†
† Daily Value (DV) not established		

Other Ingredients: Rice Flour, Vegetable Cellulose, Calcium Silicate.

Suggested Use: As a dietary supplement take one (1) capsule three (3) times a day with food or water.

Standardized extracts are guaranteed to contain a specific quantity of a known marker compound, and are **laboratory tested** to insure consistent potency. NATURE'S ANSWER® capsules feature standardized extracts **enhanced** (Holistically Balanced®) with the highest quality of **organic**, responsibly **wildcrafted** or **cultivated** herbs, which maintain the naturally-occurring constituents found in the plant; Manufactured to **cGMP** (current Good Manufacturing Practices) standards; **Free of synthetic ingredients.**

Unconditionally Guaranteed

NATURE'S ANSWER Quality Without Question™ *Pioneers Since 1972*

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