Recently, coffee has been getting a reputation as a diet-friendly beverage. Although it has been largely thought that caffeine is the energizing, fat-burning ingredient in coffee, new research is now pointing to chlorogenic acid, a remarkable compound that's found in the unroasted (or "green") coffee bean, but which is largely destroyed during the roasting process.†

The chlorogenic acid in green coffee helps you to manage your weight and promote fitness in a variety of ways. First, according to research reported in the American Journal of Clinical Nutrition, chlorogenic acid from green coffee reduces sugar absorption from the intestines. It also has been shown to help inhibit an enzyme in the liver that releases sugar into the bloodstream. These two effects help to maintain healthy sugar levels so you can control your appetite.†

Chlorogenic acid has also been shown to speed up the rate of metabolic fat burning, and laboratory studies have even shown a reduction in the size of fat cells.7

You may not be able to pour yourself a cup of green coffee chlorogenic acid is extremely bitter - but now you can enjoy the benefits every day with Windmill's Green Coffee Bean Extract tablets. Just take with meals as directed, and see what it can do for you! For maximum results, Green Coffee Bean Extract should be consumed in conjunction with a healthy diet and a program of regular exercise.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat, or prevent any disease.

### ORAC‡ COMPARISON CHART 100 1000 1500 2000 2500 3000 3500 4000 COFFEE FRUIT = 4000 **AÇAI = 100** POMEGRANATE = 65

BLUEBERRIES = 24

N8199

## Rich in Chlorogenic Acid

# GREEN COFFEE BEAN

#### **Supplement Facts** Serving Size: 1 Tablet

Servings Per Container: 60

Green coffee bean extract

Daily value (DV) not established

Other ingredients: Calcium carbonate, microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and coating (hypromellose, hydoxypropyl cellulose, polyethylene glycol)

Amount Per Serving

400 mg\*

DIRECTIONS: Take one tablet twice daily with meals.

#ORAC, which stands for Oxygen Radical Absorbance Capacity, is a new standard of measurement jointly developed by the National Institute on Aging and the USDA Human Nutrition Research Center on Aging.

GREEN COFFEE BEAN EXTRACT

## 400 MG

- Helps Support Metabolism<sup>†</sup>
- Supports Healthy Blood Sugar Levels†
- Helps Control Appetite<sup>†</sup>

60 Tablets Dietary Supplement



- Store at 15-30°C (59-86°F).
- · Protect from heat, light and moisture.
- . Do not use if seal is broken.

Distributed by Windmill™ Health Products 6 Henderson Drive, West Caldwell, NJ 07006

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