ACTUAL SIZE

7 33739 02620 0

CODE 2620 V3

SUGGESTED USAGE: As a dietary supplement, take 3 tablets 3 times daily preferably between meals. Consider taking this product in combination with NOW® Detox Support™ and Probiotic Defense™.

NOW® Alfalfa delivers the natural nutrient profile found in Genuine Whole Foods.

Alfalfa is a green superfood that is rich in vitamins, minerals and chlorophyll. It is an excellent source of balanced nutritional content, and has been used for many centuries. The ancient Arabs used Alfalfa as a feed for their horses, claiming that it made their horses faster and stronger. After using Alfalfa grass themselves, they became so convinced of its health benefits that they named it "Alfalfa", which in Arabic means "Father of All Foods".

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Store in a cool, dry place. Please Recycle.

Genuine Whole Food

NOW®

Alfalfa

GREEN SUPERFOOD

650 mg
10 Grain

- Rich in Vitamins & Trace Minerals
- Gluten Free

250 Tablets

A Dietary Supplement Vegetarian Formula

QUALITY GMP ASSURED

Supplement Facts

Serving Size 3 Tablets Servings Per Container 83

	Amount Per Serving	% Daily Value
Calories	5	
Alfalfa	**1.95 g (1,950 mg)**	†

† Daily Value not established.

Each serving may typically provide the following naturally occurring nutrients:

Beta Carotene (as pro-Vitamin A 18 mcg)	30 IU	< 1%
Vitamin C (as Ascorbic Acid)	4 mg	7%
Vitamin K (as Phylloquinone)	554 mcg	693%
Calcium	20 mg	2%
Iron	0.7 mg	4%
Manganese	108 mcg	5%
Potassium	42 mg	1%

Other ingredients: Cellulose, Silica, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108 Made in the U.S.A. www.nowfoods.com