

CODE 2622

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ACTUAL
SIZE

Store in a cool, dry place. Please Recycle.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

means "Father of All Foods".

Alfalfa is a green superfood that is rich in vitamins, minerals and chlorophyll. It is an excellent source of balanced nutritional content and has been used for many centuries. The ancient Arabs used Alfalfa as a feed for their horses, claiming that it made their horses faster and stronger. After using Alfalfa grass themselves, they became so convinced of its health benefits that they named it "Alfalfa", which in Arabic means "Father of All Foods".

NOW® Alfalfa delivers the natural nutrient profile found in Genuine Whole Foods.

SUGGESTED USAGE: As a dietary supplement, take 3 tablets 3 times daily, preferably between meals. Consider taking this product in combination with NOW® Detox Support™ and Probiotic Defense™.



Alfalfa

GREEN SUPERFOOD

650 mg
10 Grain

- Rich in Vitamins & Trace Minerals
- Gluten Free

500 Tablets

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 3 Tablets

Servings Per Container 166

	Amount Per Serving	% Daily Value
Calories	5	
Alfalfa	1.95 g (1,950 mg)	†

† Daily Value not established.

Each serving may typically provide the following naturally occurring nutrients:

Beta Carotene (as pro-Vitamin A 18 mcg)	30 IU	< 1%
Vitamin C (as Ascorbic Acid)	4 mg	7%
Vitamin K (as Phyloquinone)	554 mcg	693%
Calcium	20 mg	2%
Iron	0.7 mg	4%
Manganese	108 mcg	5%
Potassium	42 mg	1%

Other ingredients: Cellulose, Silica, Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Eilyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com