

DIRECTIONS: As a dietary supplement, two capsules once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

Amount P	Amount Per Serving	
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (cholecalciferol)	400 IŬ	100%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Vitamin K2 (as menatetrenone)	100 mcg	125%
Thiamin (as thiamine HCI) (vitamin B1)	20 mg	1333%
Riboflavin (vitamin B2)	20 mg	1176%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Folate (as folic acid)	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	20 mcg	333%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as amino acid chelate)	50 mg	5%
Iron (as amino acid chelate)	18 mg	100%
Magnesium (as amino acid chelate)	25 mg	6%
Zinc (as amino acid chelate)	15 mg	100%
Selenium (as L-selenomethionine)	70 mcg	100%
Copper (as gluconate)	2 mg	100% 250%
Manganese (as amino acid chelate)	5 mg	100%
Chromium (as polynicotinate)	120 mcg	100%
Chinese Green Tea (<i>Camellia sinensis</i> leaf) (decaffeinated) (standardized 50% [25 mg] polyphenols)	50 mg	†
Ferti-Forté Whole Food Blend Acerola cherry, apple pectin, black currant seed, broccoli, bromela	50 mg	†
(from pineapple fruit), carrot, chlorella, green cabbage, Pacific kelp, papaya, parsley, rose hips, spinach, spirulina, sunflower oil, watercress, Chinese cabbage, fig, brown rice, garlic‡, date, maca (<i>Lepidium meyenii</i> root). Korean ginseng (<i>Panax</i>)‡		
Turmeric (<i>Curcuma longa</i> rhizome)	, ·	†
Chasteberry (<i>Vitex agnus-castus</i> fruit) (standardized	50 mg	†
DHA (docosahexaenoic acid)	16 mg	†
†Daily Value (DV) not established. ‡Standardized extract		

Other ingredients: Microcrystalline cellulose, stearic acid, silica, vegetable cellulose and purified water. Contains soy, fish and milk.

Manufactured for **DreamQuest Nutraceuticals** 4660 Aircenter Circle Reno, NV 89502-7917, USA ©DreamQuest Nutraceuticals, Inc. www.dreamquestnutraceuticals.com

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