



Inositol Powder

CELL MEMBRANE HEALTH*

- Part of the B-complex family
- 100% Pure

Net Wt. 4 oz. (113 g)

A Dietary Supplement
Vegetarian Product



SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon 1 to 3 times daily, preferably with meals. Consider taking this product in combination with NOW® B-Complex, Choline and TMG.

Inositol is a nutrient that's considered a member of the B-vitamin family. It is found in cell membrane structures and is important for metabolism of fat and cholesterol, including removal of fat from the liver.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.
www.nowfoods.com



CODE 0527

Supplement Facts

Serving Size 1/4 Level Teaspoon (730 mg)
Servings Per Container 154

Amount Per Serving	
Inositol Powder	730 mg*
* Daily Value not established.	

Other ingredients: None.

Contains no sugar, salt, starch, yeast, wheat, gluten, soy milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product

This product is sold by weight not volume.

Caution: Do Not Eat Freshness Packet Enclosed.

Store in a cool, dry place. Please Recycle.