



Inositol Powder

CELL MEMBRANE HEALTH

- Part of the B-complex family*
- 100% Pure

Net Wt. 8 oz. (227 g)

A Dietary Supplement
Vegetarian Product



SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon 1 to 3 times daily, preferably with meals.

Inositol is a nutrient that's considered a member of the B-vitamin family. It is found in cell membrane structures and is important for metabolism of fat and cholesterol, including removal of fat from the liver.*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Visit us at www.nowfoods.com

Made in the U.S.A.



CODE 0528 VI

Supplement Facts

Serving Size 1/4 Level Teaspoon (730 mg)
Servings Per Container 311

Amount Per Serving	
Inositol Powder	730 mg*
* Daily Value not established.	

Other ingredients: None.
Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg or preservatives.

Vegetarian Product.

This product is sold by weight not volume.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.