PROLAB® WHEY ISOLATE provides ultra pure, fast absorbing premium grade protein to support lean muscle growth and improve recovery time from intense training. With 23 grams of protein per scoop, PROLAB WHEY ISOLATE fuels post performance replenishment to help maximize muscle growth.<sup>†</sup>

After intense exercise, your body requires amino acids to repair muscle and recover efficiently. PROLAB WHEY ISOLATE delivers a powerful dose of over 21 grams¹ of rapidly absorbed amino acids including 7 grams of BCAAs. This supplies hard training endurance athletes, weight lifters and dieters with the fast-acting, muscle preserving support their bodies need to perform at their best. A serving before a workout pre-loads the body with energy-yielding amino acids to increase lean muscle growth. A serving immediately after training quickly delivers post-performance replenishment and helps launch repair and recovery. PROLAB WHEY ISOLATE is also ideally suited for supporting weight loss goals. With only 120 calories, ZERO grams of fat, and only 1 gram of sugar, it's a perfect high protein snack to help control hunger between meals.¹\* You do your part. We'll do ours.™

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\*This product is to be used in conjunction with a healthy diet and exercise regimen.

#Based on the typical amino acid profile of the protein.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to milk or soy should consult their healthcare professional before taking this product.

ITEM: 20183 795-1223



23 grams of Protein Per Scoop

Ultra Pure, Fast Absorbing Protein<sup>†</sup>

Stimulates Lean Muscle Growth<sup>†</sup>

Over 21 grams of Amino Acids for Quick Post-Performance Replenishment<sup>†‡</sup>

ZERO Fat and Only 1 gram of Sugar!



## WHEY ISOLATE

Wild Strawberry

Artificially Flavored

DIETARY SUPPLEMENT NET WT. 2LBS (907G) RECOVERY
REPLENISH
PERFORMANCE

23 GRAMS OF REPLENISHING WHEY PROTEIN ISOLATE<sup>†</sup>



Manufactured exclusively for:
PROLAB Nutrition, Inc.
Chatsworth, CA 91311 • USA
1-800-PROLAB1
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## **Directions:**

For a Quick Ultra-Concentrated Shot – Mix one rounded scoop with 3-4 fl. oz. of cold water or your favorite beverage using a shaker cup or blender.

For a Shake – Mix one rounded scoop with 6-8 fl. oz. of cold water or your favorite beverage using a shaker cup or blender.

## Supplement Facts

Serving Size 1 Rounded Scoop (Approximately 30 g)

Servings Per Container Approximately 30

Amount Per Serving	9	6 <b>DV</b> <sup></sup>
Calories	120	
Calories from Fat	0	
Total Fat	0 g	
Saturated Fat	0 g	
Total Carbohydrates	3 g	1%
Sugars	1 g	**
Protein	23 g	46%
Sodium	60 mg	3%
Calcium	140 mg	14%
Whey Protein Isolate	25.5 g	**
Taurine	500 mg	**
Typical Amino	Acid Profile	
Essential Amino Acids		
L-Leucine	245 mg	**
L-Isoleucine	1605 mg	**
L-Valine	1420 mg	**
L-Lysine	2215 ma	**

L-Histidine 400 mg
L-Proline 1520 mg
L-Serine 1060 mg
L-Tyrosine 715 mg

## Percent Daily Values are based on a

2000 calorie diet.

\*\*Daily Values not established.

**Amount Per Serving** 

L-Threonine

L-Methionine

L-Tryptophan

L-Arginine

L-Alanine

L-Glycine

L-Phenylalanine

Non Essential Amino

L-Aspartic Acid

L-Glutamic Acid

% DV<sup>††</sup>

1670 ma

475 ma

735 ma

385 mg

450 ma

2570 mg

535 mg 1170 mg

4110 mg

385 ma

Daily values not establishe

Other Ingredients: Natural & Artificial Flavor (Strawberry), Maltodextrin, Xanthan Gum, Sucralose, Acesulfame Potassium.

Contains: Milk & Sov.

No: Eggs, Wheat, Nuts/Peanuts, Fish/Shellfish.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. PRODUCT DOES NOT COMPLETELY FILL CONTAINER. SETTLING OCCURS IN SHIPPING.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.