

NEW

Nature's
Way

Alive!

Once Daily

Men's ULTRA POTENCY

60 TABLETS • DIETARY SUPPLEMENT

Recommendations: Take 1 tablet daily, preferably with food. As with any supplement, if you are taking medication consult your doctor before use. Not formulated for women or children. Do not exceed recommended use.

Supplement Facts

Serving Size 1 Tablet / Servings Per Container 60

Amount Per Serving	% DV
Vitamin A (50% [3,750 IU] as Vitamin A acetate, 50% [3,750 IU] as beta carotene)	150%
Vitamin C (ascorbic acid)	292%
Vitamin D (as cholecalciferol)	250%
Vitamin E (as d-alpha tocopheryl succinate)	400%
Vitamin K (as phytonadione)	100%
Thiamin (as thiamin mononitrate)	1,657%
Riboflavin (Vitamin B2)	1,471%
Niacin (as niacinamide)	250%
Vitamin B6 (as pyridoxine HCl)	2,000%
Folic Acid	100%
Vitamin B12 (as cyanocobalamin)	1,537%
Biotin	105%
Pantothenic Acid (as d-calcium pantothenate)	400%
Calcium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant])	10%
Iodine (as potassium iodide)	100%
Magnesium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant], as citrate)	13%
Zinc (as zinc oxide)	200%
Selenium (as sodium selenate)	357%
Copper (as copper sulfate)	200%
Manganese (as manganese sulfate)	250%
Chromium (as chromium picolinate)	205%
Molybdenum (as sodium molybdate)	100%
Potassium (as potassium chloride)	<1%
Prostate Blend with Lycopene Saw Palmetto (berry), Tomato extract (fruit) providing 1 mg (1,000 mcg) of lycopene	**
Orchard Fruits™ Blend Pomegranate (seed), Acai Extract (whole palm fruit), Juice Powders: Grape, Plum, Strawberry, Blueberry.	**

Other ingredients: Cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin

Contains no salt, sugar, yeast, wheat grain, dairy products, artificial flavoring, colors or preservatives.

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Questions? Call 1-800-QUATRE or visit www.naturesway.com

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Amount Per Serving

% DV

Strawberry; Blackberry; Elderberry; Cherry; Apricot; Papaya; Orange; Pineapple

Garden Veggies™

Juice Powder Blend: Parsley, Kale, Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic

30 mg

Energy & Endurance Blend

Siberian Eleuthero (root); Rhodiola Rosea Extract (root) standardized to 3% rosarin and 1% salidroside; Korean Ginseng (root); Ginkgo biloba (leaf)

30 mg

Cardiovascular Blend with Resveratrol 20 mg Hawthorn (berry); Japanese Knotweed standardized to 50% resveratrol; Coenzyme Q10 (ubiquinone)

Green Food/Spirulina Blend

Spirulina (microalgae); Kelp/Medlar Extract (whole thallus); Alfalfa (d.f. stem); Barley Grass (grain); Dandelion (leaf); Wheat Grass (grass); Melissa (leaf); Lemon Grass (grass); Nettles (d.f.); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Psyllium (d.f.); Blue Green Algae (microalgae); Chlorella (leaf)

20 mg

Organic Mushroom Defense Blend

Coriycipes; Reishi; Shiitake; Maitake; Yamabushitake; Maitake/Reishi; Agaricus; Cordyceps; Zhu Ling; Agaricus; Maitake

20 mg

Digestive Enzyme Blend

Concentrated enzyme formula (Protease I, Protease II, Papain, SP Amylase, Lactase, Invertase, Lipase, Cellulase, Alpha Galactosidase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)

20 mg

Citrus Bioflavonoid Complex

(from lemon, orange, grapefruit, lime, tangerine) providing: Hesperidin, Naringin, Naringenin, Erctolol, Flavonols and Flavones

20 mg

Choline (as choline bitartrate)

20 mg

Inositol

20 mg

Oral Beta Glucan Concentrate

10 mg

Biotin

5 mg

Boron (as amino acid chelate)

1 mg (1,000 mcg)

Lutein (from marigold)

500 mcg

**Daily Values (DV) not established.

USDA 01 (0050)