

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®



Hops (*Humulus lupulus*) are a perennial native British plant with a stout root. They have heart-shaped leaves and cone-like flowers. Hops have been used traditionally for nervous system support.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Hops are carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

1-800-9NATURE
1-800-962-8283



PREMIUM

Nature's
Way

HERBAL

Hops

Flowers



100 Capsules / Certified 310 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily with food or a full 8 ounce glass of water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving		% Daily Value
Total Carbohydrate	1 g	<1%†
Hops (flower)	620 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin (capsule), Magnesium stearate

Did you know? Romans ate young Hop shoots in the spring in the same way we do asparagus. Hops were first used by breweries in the Netherlands in the early fourteenth century.

©2010 R. G. Nature's Way Products, Inc.
Green Bay, WI 54303 USA

Nature's
Way