

**Recommendation:** As a dietary supplement, take two capsules one to three times daily, preferably with meals.

L-Carnitine is a vitamin-like amino acid metabolite found in abundance only in red meat. It is synthesized in the body from L-Lysine, aided by the presence of at least five other nutrients. L-Carnitine is a natural form synthesized amino acid.\*

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Do not use if safety seal is broken or missing.  
Keep out of reach of children.  
Store in a cool, dry place.

**Warning:** If you are pregnant, nursing, taking any medications, or experiencing health issues, consult your doctor before use.

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## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 60

	Amount per Serving	% DV
L-Carnitine .....	275 mg	†
(from L-Carnitine Tartrate)		
Proprietary Blend .....	275 mg	†
Garcina (berry), Gymnema Sylvestre (leaf), and Uva Ursi (leaf).		

† Daily Value not established.

Other Ingredients: Gelatin (capsule).

This product does not contain: yeast, corn, wheat, egg, starch, preservatives, artificial coloring or sweeteners.

Dietary Supplement

60 Capsules

V2.0