

Nutritional Support for Healthy Capillaries.*

Nature's Plus® Bruise Free™ supplies the naturally occurring compounds that support the body's ability to mend bruises deep within the skin, repairing capillaries and other injured blood vessels.*

Made with only the finest quality, natural ingredients, **Bruise Free** uniquely combines standardized polyphenols from green tea, grape seed, bilberry, ginkgo and red wine with the synergistic collagen-repairing activity of vitamin C, rutin, hesperidin and quercetin.*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

Directions: As a dietary supplement, take three capsules once daily. This product supports the healing of minor bruises of known origin. Consult a qualified health care practitioner for all other bruises.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for **DreamQuest Nutraceuticals**
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PRODUCT NO. 10022



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 **DreamQuest**
NUTRACEUTICALS™

Bruise Free™

BIOFLAVONOID SUPPLEMENT

- Citrus Bioflavonoids
- Rutin
- Hesperidin
- Red Wine
- Quercetin
- Green Tea



90 Vegetarian Capsules

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	60 mg 100%
Citrus Bioflavonoids (from <i>Citrus limon</i> exocarp)	400 mg †
Rutin (from <i>Sophora japonica</i> leaf)	100 mg †
Hesperidin Complex (from <i>Citrus limon</i> exocarp)	100 mg †
Chinese Green Tea (<i>Camellia sinensis</i> leaf) (standardized 95% [90 mg] polyphenols, 80% [80 mg] catechins)	100 mg †
Red Wine Concentrate (alcohol free) (<i>Vitis vinifera</i>) (standardized 20% [10 mg] polyphenols)	50 mg †
Quercetin (as D-hydrate) (from <i>Sophora japonica</i> leaf)	50 mg †
Bilberry (<i>Vaccinium myrtillus</i> fruit) (standardized 25% [6.25 mg] anthocyanosides)	25 mg †
Grape Seed (<i>Vitis vinifera</i>) (standardized 95% [23.75 mg] proanthocyanidins)	25 mg †
Ginkgo Biloba Leaf (standardized 24% [4.8 mg] ginkgo flavone-glycosides, 6% [1.2 mg] terpene lactones)	20 mg †

†Daily Value (DV) not established.

Other ingredients: Vegetable cellulose, purified water, microcrystalline cellulose, silica, **WHOLE FOOD BLEND** [Blueberry (*Vaccinium angustifolium* Fruit), Blackberry (*Rubus fruticosus* Fruit), Red Wine Grape (*Vitis vinifera*), Elderberry (*Sambucus nigra*), Lingonberry Extract, Plum, Black Cherry Extract, Purple Fig, Belgian Endive (*Cichorium endivia*), Passion Fruit (*Passiflora edulis*), Purple Kale (*Brassica oleracea*), Rhubarb, Concord Grape (*V. labrusca*), Beet, Radicchio (*C. intybus*), Eggplant, Pomegranate Extract, Purple Onion, Wolfberry (*Lycium barbarum* L.), Black Currant (*Ribes nigrum* L.) Extract, FOS (fructooligosaccharides), **Activessence®** (a patented enzyme activation system – Cellulase, Pectinase, Hemicellulase and Xylanase)]