Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®



Horsetail Grass (Equisetum arvense) is a source of silica, heavily concentrated in its dried

stems. The name comes from the appearance of the mature plant, which resembles a horse's tail.

**Questions?** Call 1-800-9NATURE or visit naturesway.com. Our Horsetail is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.





**Recommendation:** Take 1 capsule three times daily, preferably with food.

**Note:** Increase fluid intake during use. If you are pregnant, nursing a baby, or have cardiac or kidney dysfunction, consult a healthcare professional before taking this product.

## **Supplement Facts**

Serving Size 1 Capsule Servings Per Container 100

**Amount Per Serving** 

% Daily Value

Horsetail (stem, leaf) 440 mg

\*\*Daily Value not established.

Other ingredients: Gelatin (capsule)

Actual Capsule Size

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