

NO Dairy
NO Yeast

Gluten Free
NO Lactose

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The MOST Complete
Multivitamin†

D3
1000 IU
per serving

Ultimate
Men's Multi

**Supports Energy Metabolism,
Heart & Prostate Health**

This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose,
treat, cure, or prevent any disease.

60 Coated Caplets
Dietary Supplement

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 5		Molybdenum (as Sodium Molybdate).....	75 mcg 100%
Total Carbohydrate.....	<1 g <1%*	Sodium.....	10 mg <1%
Vitamin A (50% as Beta-Carotene; 50% as Vitamin A Acetate)....	5,000 IU 100%		
Vitamin C (as Ascorbic Acid).....	300 mg 500%	Proprietary Amino Acid Blend.....	60 mg †
Vitamin D (as Cholecalciferol).....	1,000 IU 250%	Taurine, L-Arginine, L-Glutamine, L-Carnitine Tartrate.....	50 mg †
Vitamin E (as d-Alpha Tocopheryl Acetate).....	100 IU 333%	Proprietary Antioxidant Fruit and Vegetable Blend.....	50 mg †
Vitamin K (as Phytonadione).....	80 mcg 100%	Blueberry Fruit Extract, Carrot Root Extract, Spinach Leaf Extract, Tomato Fruit Extract, Broccoli Flower Extract, Citrus Bioflavonoids	
Thiamin (Vitamin B1) (as Thiamine Mononitrate).....	50 mg 3333%	Saw Palmetto (fruit) Extract.....	30 mg †
Riboflavin (Vitamin B2).....	50 mg 2941%	Alpha Lipoic Acid.....	20 mg †
Niacin (as Niacinamide).....	50 mg 250%	EGCG (from Green Tea Leaf Standardized Extract).....	10 mg †
Vitamin B6 (as Pyridoxine Hydrochloride).....	50 mg 2500%	Choline (as Choline Bitartrate).....	10 mg †
Folic Acid.....	400 mcg 100%	Inositol.....	10 mg †
Vitamin B12 (as Cyanocobalamin).....	50 mcg 833%	Silica (as Silicon Dioxide & Calcium Silicate).....	4 mg †
Biotin.....	300 mcg 100%	Boron (as Sodium Borate).....	2 mg †
Pantothenic Acid (as Calcium Pantothenate).....	50 mg 500%	Lutein.....	995 mcg †
Calcium (as Calcium Citrate & Calcium Carbonate).....	200 mg 20%	Lycopene.....	995 mcg †
Iodine (as Potassium Iodide).....	150 mcg 100%	Zeaxanthin.....	50 mcg †
Magnesium (as Magnesium Oxide).....	100 mg 25%	Vanadium (as Sodium Metavanadate).....	10 mcg †
Zinc (as Zinc Oxide).....	25 mg 167%		
Selenium (as Sodium Selenate).....	200 mcg 286%		
Copper (as Cupric Oxide).....	2 mg 100%		
Manganese (as Manganese Sulfate).....	2 mg 100%		
Chromium (as Chromium Chloride).....	120 mcg 100%		

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Cyclodextrin, Croscarmellose Sodium, Modified Food Starch, Hypromellose, Stearic Acid, Titanium Dioxide Color, Crospovidone, Magnesium Stearate, Polyethylene Glycol, Caramel Color, Artificial Flavor, Polysorbate 80. **CONTAINS: SOY**
Green Tea Extract contributes a dietetically insignificant amount of caffeine.

Directions: As a dietary supplement for adults, take two caplets daily with food.

Caution: If you are being treated for a prostate problem or are experiencing symptoms such as painful, frequent or difficult urination, consult your physician. **Remember:** It is recommended that all men over 50 have an annual prostate examination by their primary care physician. You should inform your physician that you are taking this product.

Caution: If you are taking medication, are planning any medical procedure, have a medical condition or have bleeding problems, consult your doctor before taking this product.

Keep out of reach of children.

Store in a cool, dry place.

†Based on the number of nutrients of leading food, drug, mass multivitamins.

Questions or comments? 1-866-293-5835

**DO NOT USE IF PRINTED SEAL UNDER
CAP IS BROKEN OR MISSING**

✓35 Nutrients

**MANUFACTURED BY
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