Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®

**Iron** is an essential part of hemoglobin, the oxygencarrying molecule in red blood cells. It is also found in enzymes necessary for respiration and as part of the Krebs cytochrome energy cycle.\*

**Questions?** Call 1-800-9NATURE or visit naturesway.com. Our Iron gluconate is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED, Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.







**Recommendation:** Take 1 capsule daily, preferably with food.

Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

## **Supplement Facts**

Serving Size 1 Capsule Servings Per Container 100

| Amount Per Serving      | % Daily Value |      |
|-------------------------|---------------|------|
| ron (as Iron gluconate) | 18 mg         | 100% |

Other ingredients: Cellulose, Gelatin (capsule), Magnesium stearate, Silica

Nature's Way® Iron contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar or soy.

Actual Capsule Size

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