



7



4

**VALUE
SIZE****ORIGIN®****NATURAL****OMEGA-3
FISH OIL
1200mg****MERCURY FREE****200
SOFTGELS****HELPS MAINTAIN
HEART
HEALTH*****DIETARY SUPPLEMENT**

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 Softgels ↑
Servings per Container 100

Amount Per Serving		%Daily Value
Calories	↑ 25	
Calories from Fat	↑ 20	
Total Fat	↑ 2.5 g	4%**
Saturated Fat	↑ 0.5 g	3%**
Polyunsaturated Fat	↑ 0.5 g	***
Monounsaturated Fat	↑ 1 g	***
Cholesterol	↑ 15 mg	5%
Protein	↑ 1 g	2%**
Fish Oil	↑ 2,400 mg (2.4 g)	***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Total Omega-3 Fatty Acids 720 mg	↑	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Mixed Tocopherols.

Contains fish (anchovy, sardine) ingredients.

Directions: For adults, take two (2) softgels one to two times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, sodium (less than 5 mg per serving).

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Distributed by Target Corporation,
Minneapolis, MN 55403
©2008 Target Brands, Inc.
All Rights Reserved. Made In U.S.A.
www.target.com

Fish Oil is a natural source of EPA and DHA, which are essential fatty acids.

Omega-3 fatty acids from Fish Oil are considered the "good" fats important for cellular, heart and metabolic health.* But getting an adequate amount of fatty acids to promote heart health is not easy - especially in today's fast food world.* Fish Oil contains eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), two fatty acids that help maintain triglyceride levels already within a normal range.*

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat, saturated fat and cholesterol content.

094 02 1166
TD272456V
PROD. NO. 11268
B16886 00A