

Health & longevity through the
beating power of nature—that's what it
means to Trust the Leaf[®]



Fem-Mend[®] is a specially
balanced, proprietary blend
of traditional herbs for women's health.

Recommendation: Take 2 capsules
twice daily, preferably with food.

Caution: If you are pregnant or have
gallstones, acidic urine, kidney disorders
or digestive concerns consult a physician
before using this product.

Questions? Call 1-800-9NATURE or
visit naturesway.com. Fem-Mend[®] is
carefully tested and produced to certified
quality standards.

SATISFACTION GUARANTEED. Freshness &
safety sealed with printed outer shrinkwrap and
printed inner seal. Do not use if either seal is
broken or missing. Keep out of reach of children.

PREMIUM

Nature's
Way

FORMULA

Fem-Mend[®]

Synergistic Blend



100 Capsules / Certified 430 mg

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving		% Daily Value
Total Carbohydrate	1 g	<1%†
Proprietary Blend	860 mg	**
Goldenseal (root); Blessed Thistle (stem, leaf, flower); Cayenne Pepper (fruit); Uva Ursi (leaf); Red Raspberry (leaf); Pomegranate (seed); Ginger (root); Cramp Bark (bark)		

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Gelatin (capsule)



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