For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity. potency, safety and freshness. We quarantee it.

Artificial Color Flavor or Sweetener No Preservatives, No Sugar, No Starch, No Milk. No Lactose. No Sov. No Gluten. No Wheat. No Yeast No Fish Sodium Free

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keen out of reach of children. Store in a cool, dry place. Refrigerate after opening. Do not use if outer seal is broken or missing

> This statement has not been evaluated by the Food and Drug Administration. This product is not intended to discusse, treat, cure or

100% SOLVENT FREE

TO REORDER PROD. # 6420 www.vitaminworld.com

1-800-228-4533

Carefully Manufactured by Vitamin World, Inc. Ronkonkoma NV 11779 IISA

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B6420 070





VEGETARIAN FORMULA 16 FL. OZ. (473 mL) DIFTARY SUPPLEMENT DIRECTIONS: SHAKE WELL. For adults, take one (1) tablespoon (15 mL) daily, with a meal.

Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 31

Amount Per Serving		%Daily	Value
Calories	120		
Calories from Fat	120		
Total Fat	14	g	21%**
Saturated Fat	1.5	g	7%**
Polyunsaturated Fat	10	g	***
Monounsaturated Fat	3	g	***
Organic Flaxseed Oil which typically contains:	13,950	mg (13.95	g) ***
Alpha-Linolenic Acid	6,975	mg	***
Linoleic Acid	1,687	mg	***
Oleic Acid	1,953	mg	***
Other Fatty Acids	1.004	ma	***

"Percent Daily Values are based on a 2,000 calorie die ""Daily Value not established

Ingredient: Organic Flax Oil

Our Organic Flax Oil is filled under a nitrogen blanket to safeguard it from oxygen exposure. It is packaged in a climate-controlled atmosphere under vellow lights to ensure the highest level of freshness and potency. We also utilize a dark container to minimize light exposure.

Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures and are processed without solvents