Item No. 19076 TO REORDER 1-800-645-1030 www.puritan.com



GLUCOSAMINE CHONDROITIN COMPLEX



Supplement Facts

Serving Size 2 Caplets Servings Per Container 60

Continger of Container of			
Amount Per Serving		%Daily	Value
Calories	15	T)	
Total Carbohydrate	2	g	1%*
Sodium	130	mg	5%
Glucosamine HCI	1,500	mg (1.5	g) **
Chondroitin Sulfate	800	mg	**

*Percent Daily Values are based on a 2,000

calorie diet **Daily Value not established.

Other Ingredients: Vegetable Cellulose, Povidone, Polyvinyl Alcohol, Polyethylene Glycol, Titanium Dioxide Color, Silica, Vegetable Magnesium Stearate, Magnesium Silicate, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with meals.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.

> TO REORDER ITEM # 19076 www.puritan.com 1-800-645-1030

Carefully Manufactured by PURITAN'S PRIDE, INC. Oakdale, NY 11769 U.S.A. © 2010 Puritan's Pride, Inc.



B19076