

Coated

Caplets

ACCURATE

TO REORDER ITEM # 1800

Supplement Facts Serving Size 1 Caplet Amount Per Serving %Daily Value Vitamin C (as Ascorbic Acid) 833% 500 mg Vitamin E (as dl-Alpha Tocopheryl Acetate) 30 111 100% Thiamin (Vitamin B-1) (as Thiamin Mononitrate) 10 mg 667% Riboflavin (Vitamin B-2) 588% 10 mg Niacin (as Niacinamide) 500% 100 ma Vitamin B-6 (as Pyridoxine Hydrochloride) 250% 5 mg Folic Acid 400 mcg 100% Vitamin B-12 (as Cyanocobalamin) 12 mca 200% Biotin (as d-Biotin) 45 mcg Pantothenic Acid (as d-Calcium Pantothenate) 20 mg

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate. Contains <2% of: FD&C Yellow No. 6 Lake, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains fish (cod. pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

No Artificial Flavor, No Preservatives, No Sugar, No Milk. No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Puritan's Pride Premium supplements are produced from the finest raw materials under our stringent quality control standards. Our state-of-the-art manufacturing and packaging facilities insure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure. consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing

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