

QUALITY GUARANTEED

This product has been manufactured and packaged in strict conformance with industry and government standards.

FOIL - TAMPER RESISTANT SEAL

If printed heat induced seal appears to be tampered with, do not use product.

Directions: Adults, take one tablet daily as a dietary supplement, preferably with a meal. Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.

Store in a dry, controlled room environment.
Keep Out of the Reach of Children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Measure™

B Super Complex

Dietary Supplement
Vital for energy and
healthy brain function*



30 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Thiamine (B-1) (Thiamine HCl)	1.5 mg	100%
Riboflavin (B-2)	1.7 mg	100%
Niacin (Niacinamide)	20 mg	100%
Vitamin B-6	2 mg	100%
Folate (Folic Acid)	400 mcg	100%
Vitamin B-12	6 mcg	100%
Calcium (Dicalcium Phosphate)	35 mg	4%

LOT/EXP. DATE

Other Ingredients:

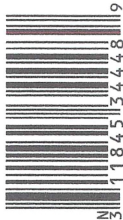
Cellulose,
croscarmellose sodium,
silica, stearic acid,
magnesium stearate,
pharmaceutical glaze,
magnesium silicate.

ALLERGEN CERTIFICATION

May contain soy,
wheat, gluten, tree nuts
and/or peanuts.

GUARANTEED NO ADDED:

Sugar, Starch,
Yeast, Dairy,
Egg, Fragrance,
Artificial Colors
or Flavors and
Preservatives.



Product #11269
DISTRIBUTED BY:
GREENBRIER INTERNATIONAL, INC.,
CHESAPEAKE, VA 23320
MADE IN USA
Questions? Comments?
1-888-860-5376