Prod. No. 5580 TO REORDER 1-800-645-1030 www.puritan.com



B5580

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Ricitan's Pride.

Prod. No. 5580

SUPER CHELATED
MULTIMINERAL

Complete Mineral Protection

100 Tablets

Dietary Supplement

Supplement Facts

Serving Size 2 Tablets Servings Per Container 50

**Daily Value not established.

Amount Per Serving	%Dai	ly Value
Total Carbohydrate	<1 g	<1%*
Calcium (as Dicalcium Phosphate and	500 mg Calcium Ca	50% rbonate)
Iron (as Ferrous Gluconate)	10 mg	56%
Phosphorus (as Dicalcium Phosphate)	200 mg	20%
lodine (from Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	250 mg	63%
Zinc (as Zinc Gluconate)	10 mg	67%
Selenium (as Selenium Yeast)	26 mcg	37%
Copper (as Copper Gluconate)	0.25 mg	13%
Manganese (as Manganese Gluconate)	10 mg	500%
Chromium (as Chromium Amino Acid Ch	20 mcg elate)	17%
Sodium	20 mg	1%
Potassium (as Potassium Citral	te) 66 mg	2%
Boron (as Boron Citrate and Boron A	2 mg (spartate)	**
*Percent Daily Values are based	on a 2,000 ca	alorie diet.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Cellulose Coating, Vegetable Magnesium Stearate.

DIRECTIONS: For adults, take two (2) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Coated for ease of swallowing

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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Qakdale, NY 11769 U.S.A.
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