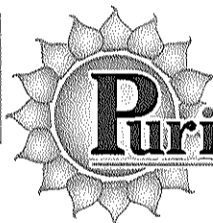


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Puritan's Pride®

Prod. No. 253

BONE MEAL

with VITAMIN D
From Edible Bone Meal
and Bone Marrow

**250
Tablets**

Dietary
Supplement

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Supplement Facts

Serving Size 4 Tablets
Servings Per Container 62

Amount Per Serving		%Daily Value
Vitamin D (as Cholecalciferol)	400 IU	100%
Calcium (from Bone Meal)	880 mg	88%
Iron (as Ferrous Sulfate)	1.8 mg	10%
Phosphorus (from Bone Meal)	400 mg	40%
Zinc (as Zinc Gluconate)	0.080 mg	<1%
Copper (as Copper Gluconate)	0.013 mg	<1%
Manganese (as Manganese Gluconate)	0.011 mg	<1%
Sodium	5 mg	<1%
Bone Marrow (Porcine)	15 mg	*

*Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

Plus trace amounts of other minerals naturally present in edible bone meal.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

DIRECTIONS: For adults, take four (4) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

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PURITAN'S PRIDE, INC.
Oakdale, NY 11769 U.S.A.

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