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## Ruritan's Pride

Prod. No. 1944

NATURAL WHOLE HERBO SILYMARIN MILK THISTLE

Silybum marianum

CONCENTRATED HERB

1000 mg\*

Supports Healthy Liver Function\*\*

90 SOFTGELS

HERBAL SUPPLEMENT

#### Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

%Daily Value

Milk Thistle

250 mg

(Silybum marianum) (seed) (from a 4:1 Extract) (Equivalent to 1,000 mg of Milk Thistle)\*

\*\*\*Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Vegetable Shortening, Yellow Beeswax, Caramel Color, Titanium Dioxide Color.

\( \rightarrow \text{Puritan's Pride's Natural Whole Herb products utilize ground plant parts to provide the natural components in the amounts found in nature.

Puritan's Pride's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Puritan's Pride's preservative-free gelatin capsules contain pure milled herb powder.

\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESIS-TANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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