

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. **We guarantee it!**



Directions: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Sugar, No Gluten, No Wheat, No Yeast, No Shellfish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.



Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. Patents #5,720,956 / #6,372,266 and other international patents.

TO REORDER PROD. # **6252**
www.vitaminworld.com
1-800-228-4533

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Vitamin World, Inc.
 Ronkonkoma, NY 11779 U.S.A.
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ULTRA WOMAN™

DAILY MULTI Premium Performance Formula for Women

H I G H P O T E N C Y



180 COATED
 CAPLETS

DIETARY
 SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container 90

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU 100%	Hesperidin Complex	5 mg *
Vitamin C (as Ascorbic Acid)	200 mg 333%	Alpha Lipoic Acid	25 mg *
Vitamin D (as D3 Cholecalciferol)	600 IU 150%	Vanadium (as Sodium Metavanadate)	10 mcg *
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU 333%	Ultra Woman™ Proprietary Skin, Hair, Nail Blend	100 mg *
Vitamin K (as Phytonadione)	150 mcg 188%	Collagen (Hydrolyzed Gelatin), Choline Bitartrate, Inositol, Silica (as Silicon Dioxide)	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	80 mg 5,333%	Ultra Woman™ Bone Blend	100 mg *
Riboflavin (Vitamin B-2)	80 mg 4,706%	Soy Isoflavones, Boron (as Sodium Borate), Fish Oil Concentrate, Ipriiflavone	
Niacin (as Niacinamide)	80 mg 400%	Ultra Woman™ Energy Blend	100 mg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	80 mg 4,000%	Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Korean Ginseng (<i>Panax ginseng</i>) (root), Spirulina	
Folic Acid	400 mcg 100%	Ultra Woman™ Antioxidant Cardio Blend	100 mg *
Vitamin B-12 (as Cyanocobalamin)	80 mcg 1,333%	Citrus Bioflavonoids (<i>Citrus limon</i>) (fruit), Garlic (<i>Allium sativum</i>) (bulb), Black Currant (<i>Ribes nigrum</i>) (fruit), Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Grapeseed Extract (<i>Vitis vinifera</i>), Brussels Sprouts Extract, Astaxanthin Complex, Kale Extract, Cauliflower Extract, Lutein, Celery Seed Extract (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Zeaxanthin, Super Oxide Dismutase, Lycopene, Coenzyme Q-10, Pycnogenol® (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract)	
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg 800%	Ultra Woman™ Herbal Blend	100 mg *
Calcium (as Calcium Carbonate)	500 mg 50%	Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Barley Grass (<i>Hordeum vulgare</i>) (aerial), Chamomile (<i>Matricaria recutita</i>) (aerial), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit), Vitex Chasteberry (<i>Vitex agnus-castus</i>) (fruit), Red Raspberry (<i>Rubus idaeus</i>) (leaf), Red Clover (<i>Trifolium pratense</i>) (flower), Dong Quai Extract (<i>Angelica sinensis</i>) (root), Wild Yam Extract (<i>Dioscorea villosa</i>) (root)	
Iron (as Ferrous Fumarate)	18 mg 100%		
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium (as Magnesium Oxide)	250 mg 63%		
Zinc (as Zinc Oxide)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		
Copper (as Cupric Oxide)	2 mg 100%		
Manganese (as Manganese Gluconate)	2 mg 100%		
Chromium (as Chromium Picolinate)	200 mcg 167%		
Molybdenum (as Sodium Molybdate)	75 mcg 100%		
Potassium (as Potassium Chloride)	10 mg <1%		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk, soy and fish (sardine, anchovy, menhaden) ingredients.