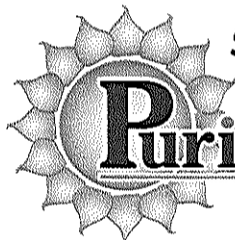


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Item No. 623

**SEA
KELP**

**150 mcg of
Natural Source Iodine**

**250
Tablets**

Dietary Supplement



B620

06D

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Iodine (from Kelp)	150 mcg	100%



Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

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