

NEW!

Complete
Multivitamin  Soy
Isoflavones

ONE A DAY

Menopause Formula

Complete Women's Multivitamin

Formulated to Help*:

- Reduce Daytime + Nighttime Hot Flashes
- Address Mild Mood Changes
- Support Energy + Healthy Skin

50 TABLETS Multivitamin/Multimineral Supplement

Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
Visit our website at www.oneaday.com



Bayer HealthCare

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IFC# 628

A Complete Multivitamin for Women Experiencing Menopause Symptoms:



Because your body is going through menopause-related changes that can affect you both physically and emotionally, you can benefit from added nutrient support. Now, you can get extra support from One A Day® Menopause Formula.



It's a complete multivitamin specially designed for women at this life stage. It supports bone strength with an excellent source of Calcium, breast health with Vitamin D, heart health and physical energy with high levels of B vitamins and healthy skin with Vitamins A, C and E.*



Plus, it contains natural Soy Isoflavones, which research shows can help significantly reduce daytime and nighttime hot flashes and help address mild mood changes.*



Menopause is a natural part of life that all women will go through. To connect with other women experiencing menopause, log onto www.oneaday.com to find a supportive environment where you can share information and experiences. Don't let menopause get in your way.

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Total Carbohydrate	<1g <1%*	Folic Acid	400 mcg 100%	Manganese	2 mg 100%
Vitamin A	2500 IU 50%	Vitamin B12	12 mcg 200%	Chromium	120 mcg 100%
(20% as beta-carotene)		Biotin	300 mcg 100%	Molybdenum	37.5 mcg 50%
Vitamin C	60 mg 100%	Pantothenic Acid	15 mg 150%	Soybean Isoflavones Extract	60 mg **
Vitamin D	800 IU 200%	Calcium (elemental)	300 mg 30%	Boron	1500 mcg **
Vitamin E	33 IU 110%	Iodine	150 mcg 100%		
Thiamin (B1)	3 mg 200%	Magnesium	50 mg 13%		
Riboflavin (B2)	3.4 mg 200%	Zinc	15 mg 100%		
Niacin	20 mg 100%	Selenium	20 mcg 29%		
Vitamin B6	.8 mg 400%	Copper	1 mg 50%		

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

INGREDIENTS: Calcium Carbonate, Soybean Isoflavones Extract, Cellulose, Magnesium Oxide, Ascorbic Acid, Dicalcium Phosphate, d-Alpha-Tocopheryl Acetate, Croscarmellose Sodium, Maltodextrin, Nicotinamide, Acacia, Polyvinyl Alcohol, D-Calcium Pantothenate, Zinc Oxide, Gelatin, Croscopovidone, Sodium Borate, Titanium Dioxide (color), Magnesium Stearate, Pyridoxine Hydrochloride, Polyethylene Glycol, Silicon Dioxide, Talc, Manganese Sulfate, Riboflavin, Thiamine Mononitrate, Calcium Silicate, Cupric Sulfate, Vitamin A Acetate, Chromium Chloride, Folic Acid, Beta-Carotene, Biotin, Potassium Iodide, FD&C Blue #2 Lake, FD&C Red #40 Lake, Sodium Molybdate, Sodium Selenate, Cholecalciferol, Cyanocobalamin, Contains: Fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) and Soy.

If you are pregnant, nursing, or have a history of cancer, consult your doctor prior to use.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP

Do not use this product if safety seal bearing "SEALED FOR YOUR PROTECTION" under cap is torn or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ONE A DAY

Menopause Formula

Complete Women's Multivitamin

Complete Women's

Multivitamin Supports*:

- Bone Strength
- Breast Health
- Heart Health
- Healthy Skin
- Energy



Soy Isoflavones

Help:

- Reduce Daytime & Nighttime Hot Flashes
- Address Mild Mood Changes

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