

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals.



Supplement Facts

Continued from other panel

Choline (as Bitartrate)	30 mg *
Inositol	10 mg *
Boron (as Glycinate)	1 mg *
Nourishing Vitality Blend	45 mg *
4:1 Vegetable Juice Extract (equivalent to 100 mg vegetable powder)	25 mg *
Kale, Spinach, Dandelion Greens, Beet	
Organic Spirulina	20 mg *
Rosemary (leaf) Essential Oil	2 mg *
Lutein (Esters)	1,000 mcg *
Lycopene (from Tomato Extract)	500 mcg *
Gentle Digestive Support	44 mg *
Protease	664 HUT *
Amylase	226 DU *
Lipase	2 LU *
Cellulase	3 CU *
Betaine HCl	20 mg *
Lactobacillus Sporogenes	25,000,000 CFU *

*Daily Value (DV) not established.

SafeGuard™ screened for common nutrient contraindications: no added iron for most men and post-menopausal women, PABA for sulfa medication, vitamin K for blood thinning medication, iodine for thyroid concerns and copper contraindicated for cancer patients and survivors.

CAUTION: consult a health care professional prior to use if taking any medication.

Feel the Difference

RAINBOW LIGHT™

Active Senior™

JUST 1 ONCE™

Food-Based Multivitamin

B-Complex for Energy & Stress

1,000 IU Vitamin D3 & Probiotics

Gentle on the Stomach

SafeGuard™

30 Tablets

Dietary Supplement

To open, press along perforation.
Please remove label before recycling bottle.

Supplement Facts

Serving Size: 1 Tablet

Servings per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Beta-carotene, Palmitate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Vitamin B-1 (as Thiamin Mononitrate)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine)	15 mg	750%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	200 mcg	3,333%
Biotin	150 mcg	50%
Vitamin B-5 (as Pantothenic Acid)	20 mg	200%
Calcium (as Carbonate)	200 mg	20%
Magnesium (as Oxide)	100 mg	25%
Zinc (as Citrate)	15 mg	100%
Selenium (as Amino Acid Chelate, Selenomethionine)	200 mcg	286%
Manganese (as Citrate)	2 mg	100%
Chromium (as Amino Nicotinate)	200 mcg	167%
Molybdenum (as Amino Acid Chelate)	100 mcg	133%
Potassium (as Citrate)	10 mg	<1%
Lemon Bioflavonoid Complex	25 mg	*

Other Ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate.

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS
125 McPherson St., Santa Cruz, CA 95060 ©2011 www.rainbowlight.com

5.0-0