

THERA M PLUS TABLETS

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount per Tablet	%Daily Values	Amount per Tablet	%Daily Values
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU 100%	Phosphorus (as Dicalcium Phosphate)	23 mg 2%
Vitamin C (as Ascorbic Acid)	90 mg 150%	Iodine (as Potassium Iodine)	150 mcg 100%
Vitamin D (as Ergocalciferol)	400 IU 100%	Magnesium (as Magnesium Oxide)	100 mg 25%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	60 IU 200%	Zinc (as Zinc Oxide)	15 mg 100%
Vitamin K (as Phytonadione)	28 mcg 35%	Selenium (as Sodium Selenate)	70 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	3 mg 200%	Copper (as Copper Oxide)	2 mg 100%
Riboflavin (Vitamin B-2)	3.4 mg 200%	Manganese (as Manganese Sulfate)	2 mg 100%
Niacin (as Niacinamide)	20 mg 100%	Chromium (as Chromium Chloride)	50 mcg 42%
Vitamin B-6 (as Pyridoxine Hydrochloride)	6 mg 300%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Folic Acid	400 mcg 100%	Chloride (as Potassium Chloride)	7 mg <1%
Vitamin B-12 (as Cyanocobalamin)	12 mcg 200%	Potassium (as Potassium Chloride)	7.5 mg <1%
Biotin (as d-Biotin)	30 mcg 10%	Boron (as Sodium Borate)	150 mcg *
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%	Tin (as Tin Chloride)	10 mcg *
Calcium (as Dicalcium Phosphate)	30 mg 3%	Vanadium (as Sodium Metavanadate)	10 mcg *
Iron (as Ferrous Fumarate)	9 mg 50%	Nickel (as Nickel Sulfate)	5 mcg *
		Silica (as Silicon Dioxide)	2 mg *
		*Daily Value not established	

OTHER INGREDIENTS: Vegetable Cellulose. Contains <2% of: FD&C Blue No. 2 Lake, FD&C Red No. 40 Lake, Mannitol, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder) ingredients.

Suggested use: Adults, take (1) one tablet daily preferably with a meal.

No Artificial Flavor, No Preservatives, No Sugar,
 No Milk, No Lactose, No Gluten, No Wheat, No Yeast,
 No Shellfish, Sodium Free.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. **Keep this out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you have Wilson's disease. Discontinue use and consult your doctor if any adverse reactions occur.

Store at 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°-86°F). [See USP Controlled Room Temperature]

Code: 1633

Distributed by
MAJOR PHARMACEUTICALS

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M-47 31778 Enterprise Drive • Livonia, MI 48150 USA
 To Report Side Effects Call: (800) 616-2471
 Re-order No. 247700



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