

Directions: For best results this product needs to be taken consistently at the recommended serving size. For the first two weeks, take two (2) tablets twice a day with food (four (4) tablets daily). *After the two week loading phase, take two (2) tablets once a day with food.

Supplement Facts

Serving Size Two (2) Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol) 2000 IU	500%
Glucosamine Hydrochloride 1.5 g (1500 mg)	*
MSM (methylsulfonylmethane) 750 mg	*
Chondroitin Sulfate 200 mg	*
Uniflex Proprietary Extract 250 mg	*
Chinese Scullcap (<i>Scutellaria baicalensis</i>) (root), Black Catchu (<i>Acacia catechu</i>) (bark), Malodextrin	*
Joint Fluid (Hyaluronic Acid) 3.3 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium stearate, glycerin), croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl cellulose, Contains shellfish (shrimp, crab, lobster and crayfish).

Manufactured by: SCHIFF NUTRITION GROUP, INC.
SALT LAKE CITY, UT 84104 USA
For information call 1-800-526-6251 (Mon-Fri 9AM-5PM M-T-F)
www.MoveFreeAdvanced.com

Chondroitin Sulfate is derived from bovine and porcine sources.
Note: If pregnant, lactating or on prescription medication, consult your physician before using.

GUARANTEED: No added sugar, sucrose, fructose, lactose, salt (including sodium), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

The MSM in this product is a registered trademark of Bergstrom Nutrition.

CLINICALLY TESTED PREMIUM FORMULA

At Schiff®, we're dedicated to finding the most effective ways to help people move better and feel better. Move Free® Advanced's clinically tested premium formula takes Glucosamine/Chondroitin to the next level by adding our advanced ingredients. So, it actually helps improve your joint health.

MOVE FREE® ADVANCED STARTS COMFORTING SORE JOINTS IN LESS THAN 7 DAYS.

WITH THE BENEFITS OF VITAMIN D3

Vitamin D3 helps your overall bone health and your joint movement in two significant ways: first, Vitamin D3 helps your bones absorb calcium better and second, it helps your bones retain the calcium already in them. This is very important because as we age our bones lose calcium.



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Schiff®, the maker of Move Free®, is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-568-4945 or www.arthritis.org

1. Motion improves daily. See Arthritis, table.
2. Refer to the amount of key ingredients with immediate effect.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

• **SURE**® SCHIFF® SURE-DISSOLVE tablets are formulated to disintegrate within one hour.

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CLINICALLY TESTED PREMIUM FORMULA



STARTS COMFORTING SORE JOINTS IN LESS THAN 7 DAYS

DIETARY
SUPPLEMENT

80 JUST 2 PER DAY* COATED TABLETS

CLINICALLY TESTED PREMIUM FORMULA

Our Schiff® Move Free® Advanced Plus MSM & Vitamin D3 formula contains advanced, premium-quality ingredients to comfort your sore joints with just two tablets* per day:

UNIFLEX® – A ground-breaking dual bioflavonoid antioxidant system that protects joints from harmful oxidants that accelerate the breakdown of cartilage and joint tissues.*

JOINT FLUID – Helps to lubricate, rejuvenate, re-hydrate and repair joints.* Clinical studies show that oral hyaluronic acid is absorbed into joints. (Balogh, L. et al., *J. Ag Food Chem* 2008)



GLUCOSAMINE – Helps by strengthening, protecting and rebuilding joints.*

CHONDROITIN – Assists in lubricating and cushioning joints.*

METHYLSULFONYLMETHANE (MSM) – A natural source of sulfur found in the body which is important in the formation of collagen in joints. The amount of MSM found in Move Free® Advanced Plus MSM is the tested amount shown to support joint comfort and soothe sore joints.*

VITAMIN D3 – To promote healthier joint cartilage.*

For more information visit www.MoveFreeAdvanced.com

Move Better, Feel Better® with Move Free.

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