

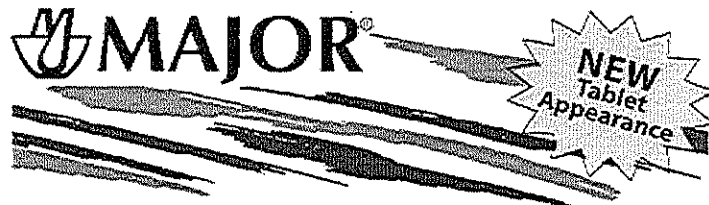
Re-Order No.
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POTENCY
GUARANTEED



CertaViteTM Senior

with complete antioxidant nutrients

Promotes Eye, Heart and Bone Health*
For Adults 50 & Over

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Compare to Centrum[®] Silver^{***}

60 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%Daily Value
Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)	2,500 IU 50%
Vitamin C (as Ascorbic Acid)	60 mg 100%
Vitamin D (as D3 Cholecalciferol)	500 IU 125%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	50 IU 167%
Vitamin K (as Phytonadione)	30 mcg 38%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%
Folic Acid	400 mcg 100%

OTHER INGREDIENTS: Cellulose (Plant Origin), Gelatin. Contains <2% of: Cellulose Coating, Croscarmellose, Crospovidone, FD&C Blue #2 Lake, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Maltodextrin, Mannitol, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains fish food, pollock, haddock, hake, cusk, rockfish, sole, flounder ingredients.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Amount Per Tablet	%Daily Value
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%
Biotin (as d-Biotin)	30 mcg 10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	220 mg 22%
Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	11 mg 73%
Selenium (as Sodium Selenate)	55 mcg 79%
Copper (as Cupric Sulfate)	0.5 mg 25%
Manganese (as Manganese Sulfate)	23 mg 115%

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Amount Per Tablet	%Daily Value
Chromium (as Chromium Picolinate)	45 mcg 38%
Molybdenum (as Sodium Molybdate)	45 mcg 60%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Boron (as Boric Acid and Sodium Borate)	150 mcg ***
Nickel (as Nickel Sulfate)	5 mcg ***
Silicon (as Silicon Dioxide)	2 mg ***
Vanadium (as Sodium Metavanadate)	10 mcg ***
Lutein	250 mcg ***
Lycopene	300 mcg ***

***Daily Value not established.

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