

DO NOT USE IF
PRINTED SEAL
UNDER CAP IS
BROKEN OR
MISSING

†This product is not
manufactured by
Bayer HealthCare
LLC, distributor of
One A Day®
Women's.

Gluten Free

S2186 RD 11236



4

Quality Guaranteed

SAFeway  TM
care

One Daily

Women's Formula

Multivitamin/Multimineral Supplement
1000 IU Vitamin D/500 mg Calcium

WOMEN'S HEALTH

COMPARE TO
One A Day[®]
Women's[†]



100 TABLETS

DIETARY SUPPLEMENT

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	2500 IU	50%	Niacin	10 mg	50%	Iron	18 mg	100%
(20% as beta-carotene)			Vitamin B6	2 mg	100%	Magnesium	50 mg	13%
Vitamin C	60 mg	100%	Folic Acid	400 mcg	100%	Zinc	15 mg	100%
Vitamin D	1000 IU	250%	Vitamin B12	6 mcg	100%	Selenium	20 mcg	29%
Vitamin E	22.5 IU	75%	Biotin	30 mcg	10%	Copper	2 mg	100%
Vitamin K	25 mcg	31%	Pantothenic Acid	5 mg	50%	Manganese	2 mg	100%
Thiamin (Vitamin B1)	1.5 mg	100%	Calcium (elemental)	500 mg	50%	Chromium	120 mcg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%						

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Acacia, Ascorbic Acid, Microcrystalline Cellulose, Croscarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, Titanium Dioxide, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Nicotinamide, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Calcium Pantothenate, Dextrose, Cupric Sulfate, Lecithin (Soy), Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytonadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Biotin, Cyanocobalamin.

DISTRIBUTED BY SAFEWAY INC., P.O. BOX 99, PLEASANTON, CA 94566-0009
1-888-SAFEWAY (1-888-723-3929) / www.safeway.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: If you are taking any medication or are planning any medical procedure, consult a doctor before taking this product.

If you are pregnant or nursing a baby, ask a doctor before using this product.
Store in a dry place at room temperature (59°-86°F).

OUR PROMISE
QUALITY & SATISFACTION
100%
GUARANTEED
OR YOUR MONEY BACK.

**CODE
AREA**

: JF478 J.5 F4