

Quality Assurance

THIS PRODUCT IS FORMULATED
USING THE HIGHEST STANDARDS
YOU'VE COME TO EXPECT FROM ALL
WAL★MART PRODUCTS.

"SATISFACTION GUARANTEED"
BY REFUND OR EXCHANGE.



MADE WITH ORGANIC

Flax Oil

1000 mg

Rich in Omega-3 Fatty Acids

DIETARY SUPPLEMENT **100** SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
Polyunsaturated Fat	0.5 g ††
Organic Flaxseed Oil	1 g (1,000 mg) ††
which typically contains:	
Alpha-Linolenic Acid (Omega-3)	585 mg ††
Linoleic Acid (Omega-6)	150 mg ††
Oleic Acid (Omega-9)	175 mg ††
Other Fatty Acids and Phytonutrients	90 mg ††

††Percent Daily Values are based on a 2,000 calorie diet.

††Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Caramel Color.

ACTUAL SIZE

HEART & CIRCULATION*

Our Flax Oil is one of the best sources of the Omega-3 fatty acid, alpha-linolenic acid. Flax Oil is also the most concentrated vegetarian source of Omega-3 Fatty Acids. Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures and are processed without solvents. Our Flax Oil for softgels is dispensed and processed under a nitrogen blanket to safeguard it from oxygen exposure. The oil is dispensed under special yellow lights to protect against white light to retain its integrity.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: For adults, take one (1) softgel three times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Pregnant or lactating women should consult a doctor before using any product. **Consult doctor before use if you have, or have had, a bleeding disorder, if you plan to have, or have had, recent surgery or if you are taking ANY MEDICATIONS OR REMEDIES** such as blood thinners or daily aspirin. **Discontinue use and consult your doctor if any adverse reactions occur, such as gastrointestinal discomfort. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

FOR YOUR PROTECTION, DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

KEEP IN A DRY PLACE, TIGHTLY CLOSED, AND AVOID EXCESSIVE HEAT.

KEEP OUT OF THE REACH OF CHILDREN.

100% SOLVENT FREE

MANUFACTURED BY:

Nature's Bounty, Inc.

Bohemia, NY 11716-2510, USA

VA1451

FRESHNESS AND POTENCY GUARANTEED THROUGH:

B1452W