

SPRING

VALLEY®

VITAMIN #1 BRAND

Easy to Swallow

Natural

Calcium

600 mg

with Vitamin D

BONE HEALTH**

Dietary
Supplement

100 TABLETS

Confirmed Release:

This product is formulated per official U.S. Pharmacopeia (USP) standards to meet quality & potency requirements.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol) 800 IU	200%
Calcium (as calcium carbonate) 1.2 g (1200 mg)	120%

OTHER INGREDIENTS: Maltodextrin, Powdered Cellulose, Hypromellose, Mineral Oil, Titanium Dioxide, Triethyl Citrate, Polysorbate 80, Carnauba Wax, Stearic Acid, Magnesium Stearate, Crospovidone.

No Gluten, No Lactose, No Preservatives,
No Artificial Flavor

The skin's ability to produce Vitamin D from sunlight appears to decrease with age, leading to an increased need for supplemental sources of Vitamin D. Vitamin D improves the absorption of Calcium.** Adequate Calcium and Vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily. For best results, take one (1) tablet twice daily with meals. Not formulated for use in children.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Keep out of reach of children.

Store in a dry place at room temperature (59°-86°F) with lid tightly closed.

Gluten Free

DISTRIBUTED BY: Perrigo, Allegan, MI 49010 USA

Questions or comments?

1-866-476-7868



✓ Produced under strict quality guidelines.

✓ Verified by an independent, ISO 9001:2000 certified laboratory.

UNCONDITIONALLY GUARANTEED BY
REFUND OR REPLACEMENT

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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