

SOURCE NATURALS®



DIETARY SUPPLEMENT

MEGA-GLA
300™

BORAGE SEED OIL

HEXANE FREE • 120 SOFTGELS

Supplement Facts
Serving Size 1 Softgel

	Amount Per Serving	%DV*
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%
Pure Borage Seed Oil	1.3 g	†
Yielding:		
Linoleic Acid (LA)	477 mg	†
<i>gamma</i> -Linolenic Acid (GLA)	300 mg	†
Oleic Acid	194 mg	†
Palmitic Acid	112 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 softgel daily with a meal, or as recommended by your health care professional.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives or artificial color, flavor or fragrance.

GLA (*gamma*-linolenic acid) is an essential fatty acid and a precursor of key regulating hormones called PGE₁ prostaglandins. Many dietary and lifestyle factors can seriously reduce the body's GLA production.* Borage seed oil provides the highest yield of GLA in the botanical kingdom (more than twice the GLA yield of evening primrose oil).* The borage seed oil is extracted by a special cold-press process, which leaves no harmful residues and is HEXANE-FREE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

NOTE: If you are pregnant or breastfeeding, consult your health care professional before using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0083 REV F062

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