

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **6093**  
**www.vitaminworld.com**  
**1-800-228-4533**

Carefully Manufactured for  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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B6090 05D



INSPIRED BY NATURE

*Oat Bran*

850 MG

Natural Source  
of Beta-Glucan

DIETARY SUPPLEMENT

**250** tablets

**DIRECTIONS:** For adults, take three (3) tablets daily, preferably with meals.

## Supplement Facts

Serving Size 3 Tablets

Servings Per Container 83

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%*
Oat Bran ( <i>Avena sativa</i> ) (husk)	2,550 mg (2.55 g)	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other Ingredients:** Calcium Sulfate, Vegetable Cellulose, Gelatin, Silica.

Contains wheat ingredients.

The bran from oat grain is an established source of the soluble fiber beta-glucan. Oat bran has been shown to be a vital component of a healthy diet, and our oat bran tablets are a convenient, inexpensive source of this valuable food product.