

NO LACTOSE
NO ARTIFICIAL
FLAVOR
NO GLUTEN

Keep in a cool dry
place, tightly closed.

sunmark®

COMPARE TO
CENTRUM®
INGREDIENTS*
49348-942-23

complete

Advanced
Formula
USP

Multivitamin &
multimineral supplement
26 RDI Nutrients

DIETARY SUPPLEMENT

PROPER BALANCE OF INGREDIENTS

300 TABLETS

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	%Daily Value	Each Tablet Contains	%Daily Value
Vitamin A 3,500 I.U. (29% as Beta-Carotene)	70%	Iodine 150 mcg	100%
Vitamin C 60 mg	100%	Magnesium 50 mg	13%
Vitamin D 400 I.U.	100%	Zinc 11 mg	73%
Vitamin E 30 I.U.	100%	Selenium 55 mcg	79%
Vitamin K 25 mcg	31%	Copper 0.5 mg	25%
Thiamin 1.5 mg	100%	Manganese 2.3 mg	115%
Riboflavin 1.7 mg	100%	Chromium 35 mcg	29%
Niacin 20 mg	100%	Molybdenum 45 mcg	60%
Vitamin B-6 2 mg	100%	Chloride 72 mg	2%
Folic Acid 400 mcg	100%	Potassium 80 mg	2%
Vitamin B-12 6 mcg	100%	Boron 75 mcg	**
Biotin 30 mcg	10%	Nickel 5 mcg	**
Pantothenic Acid 10 mg	100%	Silicon 2 mg	**
Calcium 200 mg	20%	Tin 10 mcg	**
Iron 18 mg	100%	Vanadium 10 mcg	**
Phosphorus 20 mg	2%	** Daily Value not established.	

Ingredients: Calcium Carbonate, Potassium Chloride, Cellulose (Plant Origin), Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, Ferrous Fumarate, dl-Alpha Tocopheryl Acetate, Gelatin. **Contains <2% of:** Beta-Carotene, Boric Acid, Cholecalciferol, Chromium Picolinate, Croscarmellose, Crospovidone, Cupric Sulfate, Cyanocobalamin, d-Biotin, d-Calcium Pantothenate, FD&C Yellow #6

Lake, Folic Acid, Magnesium Silicate, Maltodextrin, Manganese Sulfate, Niacinamide, Nickelous Sulfate, Phytonadione, Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Metavanadate, Sodium Molybdate, Sodium Selenate, Stannous Chloride, Starch, Thiamin Mononitrate, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vitamin A Acetate, Zinc Oxide.

Suggested use: For adults, take one (1) tablet daily, with a full glass of water, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

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Empowering Healthcare

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