

TINY

IRON-FREE*

Carlson®

DIETARY SUPPLEMENT

MINI•MULTI

VITAMINS & MINERALS

180 SMALL TABLETS

47 - 2314

Vitamins & Minerals in an easy-to-swallow mini-size tablet. Iron-free.*

Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% DV
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as calcium ascorbate)	120 mg	200%
Vitamin D ₃ (cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl succinate)	60 IU	200%
Thiamin (B-1) (as thiamin HCl)	1.5 mg	100%
Riboflavin (B-2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine HCl)	.2 mg	100%
Folate (folic acid)	400 mcg	100%
Vitamin B-12 (cyanocobalamin)	.6 mcg	100%
Biotin	150 mcg	50%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	100%
Calcium (from calcium ascorbate and dicalcium phosphate)	20 mg	2%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (from magnesium oxide)	40 mg	10%
Zinc (from zinc citrate)	15 mg	100%
Selenium (from selenomethionine)	35 mcg	50%
Copper (from copper gluconate)	2 mg	100%
Manganese (from manganese sulfate)	.2 mg	100%
Chromium (from Cr nicotinate glycinate)	60 mcg	50%

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, silicon dioxide, food glaze, magnesium stearate, ethylcellulose, hydroxypropylcellulose.

Directions: TAKE 1 TABLET DAILY at mealtime.

* No added iron.

Cellulose-coated. Preservative-free. Sugar-free. Salt-free. Yeast-free. Wheat-free. Milk-free. Gluten-free.

Tablet color variations naturally occur.

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POTENCY AND QUALITY GUARANTEED



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