

SPRING

VALLEY®

VITAMIN #1 BRAND

Natural  Whole Herb ♦

**Ginger
Root
550 mg**

FOR OCCASIONAL MOTION SICKNESS*

**Dietary
Supplement 100 CAPSULES**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Ginger (<i>Zingiber officinale</i>) (root)	550 mg †

†Daily Value not established.

OTHER INGREDIENTS: Gelatin, Vegetable Magnesium Stearate, Silica.

Spring Valley's Guarantee: We only use the finest quality herbs and spices. Each is screened and finely milled for quick release.

Spring Valley's preservative-free gelatin capsules contain pure milled herb powder.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Color, No Artificial Flavor, No Sodium (less than 5 mg per serving).

The active constituents in Ginger promote digestive health and help to alleviate occasional nausea, vomiting or dizziness due to motion sickness.*

SUGGESTED USE: For adults, take one (1) capsule two to four times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

♦Spring Valley's Natural Whole Herb products utilize ground plant parts, to provide the natural components in the amounts found in nature.

KEEP OUT OF THE REACH OF CHILDREN. KEEP IN A DRY PLACE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MANUFACTURED BY: US Nutrition, Inc.
Bohemia, NY 11716-2510, USA
Questions or Comments? Call 1-866-607-0342



✓ Produced under strict quality guidelines.
✓ Verified by an independent, ISO 9001:2008 certified laboratory.

UNCONDITIONALLY GUARANTEED BY REFUND OR REPLACEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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