

#1 PHARMACIST
RECOMMENDED*

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Nature Made

Folic Acid

400 mcg



DIETARY SUPPLEMENT
250 TABLETS

Important
B Vitamin for
Women of
Childbearing
Age



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IMPORTANT B VITAMIN FOR WOMEN OF CHILDBEARING AGE – Plays a role in the development of the nervous system of the fetus † Adequate Folic Acid in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value
Folic Acid 400 mcg	100%

No Artificial Colors • No Artificial Flavors
No Preservatives • No Yeast, Starch or Gluten

SUGGESTED USE: Take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Cellulose Gel, Dibasic Calcium Phosphate, Croscarmellose Sodium, Maltodextrin, Magnesium Stearate, Folic Acid.

Distributed by:

Nature Made Nutritional Products

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

Folic Acid Tablets USP

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

†Based on Pharmacy Times survey.

•Valid only for U.S. and Puerto Rico residents.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:
Exp.: