

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

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**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # 6041  
[www.vitaminworld.com](http://www.vitaminworld.com)  
1-800-228-4533

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Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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# Stinging Nettle



300 MG

*Nutritive Herb  
Holistic Support\**

**NATURAL WHOLE HERB**◊  
*Herbal Supplement*

100  
*Rapid Release  
Capsules*

**DIRECTIONS:** For adults, take one (1) to two (2) capsules three times daily, preferably with meals. Capsules may be opened and prepared as a tea.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Stinging Nettle ( <i>Urtica dioica</i> ) (leaf)	300 mg **

**\*\*Daily Value not established.**

**Other Ingredients:** Gelatin, Vegetable Cellulose.

**Vitamin World's Guarantee:** We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

**Vitamin World's** preservative-free gelatin capsules contain pure milled herb powder.

◊Vitamin World's Natural Whole Herb products utilize ground plant parts to provide the natural components in the amounts found in nature.

Stinging Nettle contains beneficial nutrients such as polysaccharides and lectins. As a dietary supplement, Stinging Nettle is used all year round, but is especially popular during the spring season.