

SPRING

VALLEY®

VITAMIN #1 BRAND

L-Glutamine

500 mg

AMINO ACID MUSCLE FUEL*

Dietary Supplement 100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
L-Glutamine	500 mg †

†Daily Value not established.

OTHER INGREDIENTS: Cellulose (Plant Origin), Dicalcium Phosphate, Hypromellose, Croscarmellose, Silica, Vegetable Magnesium Stearate, Cellulose Coating.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Color, No Artificial Flavor, No Sodium (less than 5 mg per serving).

L-Glutamine is one of 20 amino acids, the building blocks of protein.* Increasingly popular among bodybuilders, Glutamine is the most highly concentrated amino acid in muscle and can serve as an energy precursor.*

SUGGESTED USE: For adults, take one (1) to two (2) tablets one to four times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN. KEEP IN A DRY PLACE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MANUFACTURED BY: US Nutrition, Inc.
Bohemia, NY 11716-2510, USA
Questions or Comments? Call 1-866-607-0342

UNCONDITIONALLY GUARANTEED BY REFUND OR REPLACEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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