

USAGE: Take 1 softgel up to 3 times per day, preferably with meals or as directed by your qualified health care consultant. Keep out of light and store in refrigerator or cool place.

Jarrow FORMULAS® CERTIFIED ORGANIC FLAXSEED OIL softgels are the finest source of cold-pressed flaxseed oil. These softgels offer the richest source of the essential omega-3 fatty acid, alpha-linolenic acid (18:3n-3). The flaxseed oil is extracted from certified organically grown flaxseeds by an expeller-press, **cold-extraction** method that safeguards the special long chain fatty acids from excessive heat. This product is protected from light and oxygen during both extraction and encapsulation.

Jarrow FORMULAS® CERTIFIED ORGANIC FLAXSEED OIL is unrefined and contains all the natural constituents found in fresh flaxseed oil.

Keep out of the reach of children.



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PROD # 111008

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Jarrow FORMULAS®

FLAXSEED OIL

Softgels



Translucent
Softgel

**Richest Source of the
Essential Omega-3**

1000 mg 200 Softgels
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel Servings Per Container 200

	Amount Per Serving	% DV
Flax Seed Oil	1000 mg	*
(yielding 540 mg Alpha-Linolenic Acid [Omega-3])		

* Daily Value not established.

Softgel consists of gelatin, glycerin, and water.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com



CERTIFIED ORGANIC

Certified Organic by QAI.

Lot #. Best Used Before: