

# TopCare®

**NUTRIENT SUPPORT FOR  
PROSTATE & COLON HEALTH\*\***

# CENTURY

## Ultimate Men's MULTIVITAMIN/ MULTIMINERAL SUPPLEMENT

**\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

100 TABLETS

## Supplement Facts

Serving Size 1 Tablet

| Each Tablet Contains                        | % DV | Each Tablet Contains   | % DV | Each Tablet Contains | % DV |
|---------------------------------------------|------|------------------------|------|----------------------|------|
| Vitamin A 3500 IU<br>(29% as beta-carotene) | 70%  | Biotin 40 mcg          | 13%  | Chromium 35 mcg      | 29%  |
| Vitamin C 90 mg                             | 150% | Pantothenic Acid 15 mg | 150% | Molybdenum 50 mcg    | 67%  |
| Vitamin D 600 IU                            | 150% | Calcium 210 mg         | 21%  | Chloride 72 mg       | 2%   |
| Vitamin E 45 IU                             | 150% | Iron 8 mg              | 44%  | Potassium 80 mg      | 2%   |
| Vitamin K 60 mcg                            | 75%  | Phosphorus 20 mg       | 2%   | Boron 150 mcg        | *    |
| Thiamin 1.2 mg                              | 80%  | Iodine 150 mcg         | 100% | Nickel 5 mcg         | *    |
| Riboflavin 1.3 mg                           | 76%  | Magnesium 100 mg       | 25%  | Silicon 2 mg         | *    |
| Niacin 16 mg                                | 80%  | Zinc 11 mg             | 73%  | Tin 10 mcg           | *    |
| Vitamin B6 2 mg                             | 100% | Selenium 100 mcg       | 143% | Vanadium 10 mcg      | *    |
| Folic Acid 200 mcg                          | 50%  | Copper 0.9 mg          | 45%  | Lycopene 600 mcg     | *    |
| Vitamin B12 6 mcg                           | 100% | Manganese 2.3 mg       | 115% |                      |      |

\*Daily Value (DV) not established.

**Ingredients:** Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Gelatin, dl-Alpha Tocopheryl Acetate (Vit. E), Croscarmellose Sodium, Ferrous Fumarate, Stearic Acid, Polyvinyl Alcohol, Calcium Pantothenate, Niacinamide, Zinc Oxide, Calcium Silicate, Talc, Titanium Dioxide, Silicon Dioxide, Manganese Sulfate, Magnesium Stearate, Polyethylene Glycol, Pyridoxine Hydrochloride (Vit. B6), Cupric Sulfate, Lecithin, Sodium Borate, Thiamin Mononitrate (Vit. B1), Riboflavin (Vit. B2), Vitamin A Acetate (Vit. A), Lycopene, FD&C Yellow #6 Lake, Beta-Carotene, Chromium Picolinate, Sodium Selenate, Folic Acid, Potassium Iodide, Sodium Molybdate, Phytonadione (Vit. K), FD&C Red #40 Lake, Sodium Metasilicate, Biotin, Nickel Sulfate, Sodium Metavanadate, Stannous Chloride, Cholecalciferol (Vit. D3), Cyanocobalamin (Vit. B12). **CONTAINS: SOY**

**SUGGESTED USE:** Adults - Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

As with any supplement, if you are taking medication or have a medical condition, ask a doctor before using this product.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

**IMPORTANT INFORMATION:** Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Store at room temperature. Keep bottle tightly closed.

**DO NOT USE IF PRINTED  
SEAL UNDER CAP IS  
BROKEN OR MISSING**

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**Questions or comments?**  
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