



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Cod Liver Oil

Vitamin Supplement

250 softgels



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one softgel three times per day with food and water.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
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Vitamin A USP	1,250 IU	25%
(from ecoMarine® Norwegian cod liver oil)		

Vitamin D USP	135 IU	34%
(from ecoMarine® Norwegian cod liver oil)		

ecoMarine® Norwegian Cod Liver Oil 350 mg *

Contains omega-3 fatty acids as triglycerides (TG)
[EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid), and other omega-3 fatty acids]

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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Solvent free.



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