

ONE DAILY

Men's Formula

**MULTIVITAMIN/
MULTIMINERAL
SUPPLEMENT**

- Supports heart health†
- 700 IU Vitamin D

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100 TABLETS

Directions: Adults: One tablet daily, with food.

Do not use if printed seal under cap is broken or missing

Supplement Facts

Serving Size: One tablet

Amount Per Serving % DV			Amount Per Serving % DV			Amount Per Serving % DV		
Vitamin A	3500 IU	70%	Vitamin B6	3 mg	150%	Selenium	110 mcg	157%
(14% as beta-carotene)			Folic Acid	400 mcg	100%	Copper	2 mg	100%
Vitamin C	60 mg	100%	Vitamin B12	18 mcg	300%	Manganese	2 mg	100%
Vitamin D	700 IU	175%	Biotin	30 mcg	10%	Chromium	120 mcg	100%
Vitamin E	22.5 IU	75%	Pantothenic Acid	5 mg	50%			
Vitamin K	20 mcg	25%	Calcium (elemental)	210 mg	21%	Lycopene	300 mcg	**
Thiamin	1.2 mg	80%	Iron	0 mg	0%			
Riboflavin	1.7 mg	100%	Magnesium	120 mg	30%			
Niacin	16 mg	80%	Zinc	15 mg	100%			

**Daily Value (DV) not established.

INGREDIENTS: Dicalcium Phosphate, Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Gelatin, Croscarmellose Sodium, dl-Alpha Tocopheryl Acetate, Stearic Acid, Calcium Silicate, Zinc Oxide, Niacinamide, Dextrin, Magnesium Stearate, Manganese Sulfate, Calcium Pantothenate, Pyridoxine Hydrochloride, Dextrose, Cupric Oxide, Riboflavin, Thiamin Mononitrate, Vitamin A Acetate, Lecithin, Sodium Carboxymethylcellulose, Folic Acid, Lycopene, Chromium Chloride, Beta-Carotene, Sodium Selenate, Sodium Citrate, Biotin, Phytonadione, Cholecalciferol, Cyanocobalamin. **CONTAINS: SOY**

CAUTION: If you are taking any medication or are planning any medical procedure, consult a doctor before taking this product. If you are pregnant or nursing a baby, ask a doctor before using this product.

KEEP OUT OF REACH OF CHILDREN

DISTRIBUTED BY TOPCO ASSOCIATES LLC
7711 GROSS POINT ROAD, SKOKIE, IL 60077 ©TOPCO PER411
QUESTIONS? 1-888-423-0139 topcare@topco.com

Store in a dry place at room temperature (59°-86°F).

This TOP CARE® product is laboratory tested to guarantee its highest quality. Your total satisfaction is guaranteed.

**GLUTEN
FREE**